

Health Questionnaire with Supplement Recommendations

Do you want to lose weight?

- Veggie Vite Multi-Vitamin
- Omega 3 Fish Oil
- Probiotic
- All Natural weight loss supplement (Hoodia)

Do you have Heart Disease, High Cholesterol, or High Blood pressure or a family history of any of the above?

- Veggie Vite Multi-Vitamin
- Omega 3 Fish Oil
- Cherry Concentrate*
- Probiotic
- Ubiquinol QH
- Resveratrol or Muscadine

Do you have Type 2 Diabetes or a family history of Type 2 Diabetes?

- Veggie Vite Multi-Vitamin
- Omega 3 Fish Oil
- Probiotic
- ALA/ALC
- Chromium
- All Natural weight loss supplement (Hoodia)
- Ubiquinol QH

Do you have trouble sleeping or suffer from chronic stress?

- Veggie Vite Multi-Vitamin
- Omega 3 Fish Oil
- Probiotic
- Cherry Concentrate*
- Adrenal support supplement

Do you suffer from GI problems, IBS, Crohn's disease, Celiac, gluten intolerance or colitis, or a family history of the above?

- Veggie Vite Multi-Vitamin
- Omega 3 Fish Oil
- Probiotic
- Adrenal support supplement

Do you exercise regularly?

- Veggie Vite Multi-Vitamin
- Omega 3 Fish Oil
- Probiotic
- Whey Protein Powder (if protein needs are not met with food)
- Resveratrol or Muscadine

Do you eat less than 5 servings of fruits and vegetables every day?

- Veggie Vite Multi-Vitamin
- Omega 3 Fish Oil
- Probiotic
- Cherry Concentrate*

Do you have Osteopenia, Osteoporosis, or Arthritis or a family history of any of the above?

- Veggie Vite Multi-Vitamin
- Omega 3 Fish Oil
- Probiotic
- Vitamin D
- Calcium/Magnesium
- Cherry Concentrate*
- Resveratrol or Muscadine

Do you or your children suffer from ADHD?

- Veggie Vite Multi-Vitamin
- Omega 3 Fish Oil

Do you have cancer or a family history of cancer?

- Veggie Vite Multi-Vitamin
- Omega 3 Fish Oil
- Probiotic
- Cherry Concentrate*
- Ubiquinol QH
- Resveratrol or Muscadine

Statements made are for educational purposes and have not been evaluated by the US Food and Drug Administration. They are not intended to diagnose, treat, cure, or prevent any disease. If you have a medical condition or disease, please talk to your doctor prior to using the recommendations given.